

UNIVERSITY of MAINE at PRESQUE ISLE
Course Syllabus
PHE 110

Course Title: *Techniques of Teaching LaCrosse / Team Handball*

Instructor: *Leo Saucier, Jr., M.Ed.*

Office: *312 South Hall*

Phone: *768-9421*

e-mail: saucierl@umpi.maine.edu

Statement of Commitment: As a member of the university, I pledge to pursue academic excellence, support open inquiry and civil expression, listen respectfully to the viewpoints of others, participate responsibly in the life of the community, conserve and enhance the beauty of the campus, and help members of the university realize their potential.

****If you have a documented disability and need academic accommodations, don't hesitate to see me or contact SS Director, Myrna McGaffin in South Hall, Room 123 or telephone 768-9615 or 768-9613 for assistance.***

Course Description

Students will develop the knowledge and competencies needed to engage in the sporting activities of Lacrosse and Team Handball; they will become proficient in the psychomotor skills needed to successfully participate in these activities.

Instructional References

1. American Sport Education Program (1997). *Coaching Youth Lacrosse*. Human Kinetics.
2. Clanton, Reita E., Dwight, Mary Phyl (1997). *Team Handball – Steps to Success*. Human Kinetics.
3. Web-site: pecentral.org and related links.

Integration of Technology

Students will be asked to visit several P.E. related web-sites to complete class and homework assignments; students have the option of turning in assignments via electronic mail. These web-sites will also be helpful in the design and creation of future lesson plans that are part of their professional development.

Course Objectives - As a result of this course you will:

- know the basic rules of play for LaCrosse and Team Handball.
- become competent in the performance of the basic skills of these sports.
- be able to lead a class of your peers in warm up and skill development activities.
- be able to design a drill used to improve skill and lead your peers in that drill.
- be able to use a variety of physical education based web-sites to broaden your base of knowledge.

Attendance Policy

Students are expected to attend class regularly to master the skills of Lacrosse and Team Handball. Only four absences are allowed without penalty; each absence after 4 will result in the loss of three points from the final grade.

Course Evaluation

1. Written Exams – 2 exams will account for 40% of the final grade (20% each). *Exams cover material provided during class time - rules and regulations, individual and team strategies, tips for successful skill performance.*
2. Skills Checklist – Mastery of skills for each unit (15% each). *Students will practice a hierarchy of basic skills-written as tasks. They must then perform these tasks under the supervision of a peer; who signs off as complete when the task is successfully performed. Students may be asked at any time to perform signed-off tasks for the University instructor.*

3. Drill design and implementation (15%). *Students will create a practice drill for one of the activities and instruct their peers in the performance of this drill. Students are graded on the appropriateness of the drill and the clarity of instruction. Peer feedback will also be given.*
4. Class/Homework Assignments (15%). *These assignments are given weekly and are intended to help students find web-based resources that will be instrumental in the development of their teaching career. Usually, they are due the following week.*

Grading Procedure

	A = 94 – 100%	A- = 90 - 93
B+ = 87 – 89	B = 84 - 86	B- = 80 - 83
C+ = 77 – 79	C = 74 - 76	C- = 70 - 73
D+ = 67 – 69	D = 64 - 66	D- = 60 - 63
	F = below 60%	

Course Outline and Tentative Schedule

WEEK 1	Introduction to class and syllabus. Explanations and clarifications of course requirements and expectations. Initial visit to web-sites. Due dates assigned for drill design and implementation.
WEEK 2	Learn and practice basic Lacrosse skills (cradling, dodging, picking up ground-balls, catching, throwing). Rules and regulations of Lacrosse. Safety guidelines for Lacrosse. Differences in Boys and Girl's games.
WEEK 3	Work towards mastery of the basic skills of Lacrosse (skill-sheet). Work with peers to complete tasks (reciprocal learning). Begin student lead drill design and implementation. Begin modified game-play.
WEEK 4	Learn and practice defensive skills (body-check, stick-check, positioning). Continue work towards skill mastery. Students lead drills with peer feedback. Continue modified game-play.
WEEK 5	Continue to practice and master basic skills of play. Work towards completion of skill-sheet. Continue student lead drill practice with peer feedback. Work on team offensive and defensive strategy.
WEEK 6	Continue work towards completion of skill-sheet - <i>must be completed by end of week 7</i> . Game-play. Two teams will compete in best-of-three tournament.
WEEK 7	Turn in skill-sheets (<i>date, TBA</i>). Lacrosse exam.
WEEK 8	Return/Review Lacrosse exam. Video introduction to Team Handball. Web-site visitations. Receive Team Handball skill-sheet.
WEEK 9	Learn and practice basic Team Handball skills (passing, catching, dribbling shooting). Rules and regulations of Team Handball.
WEEK 10	Work towards mastery of basic skills (skill-sheet). Continue with student lead drills and peer feedback.
WEEK 11	Continue mastery of basic skills. Introduce offensive and defensive strategies. Begin modified game-play.
WEEK 12	Work towards completion of skill-sheet. Divide into competitive teams. Devise team strategies for week 13 competition.
WEEK 13	Two teams will compete in best-of-three tournament.
WEEK 14	Turn in skill-sheets (<i>date, TBA</i>) Team Handball exam.

Note: *As the instructor of this course, I reserve the privilege to add or delete educational experiences and/or topics depending on the progress of the students in the class.*