

POOL RULES AND REGULATIONS

All staff members must work to enforce the following rules and regulations in order to uphold the highest standards of safety, comfort and cleanliness for our patrons.

- Absolutely no street shoes on the pool deck. Flip-flops and deck shoes used strictly for this purpose are permitted.
- No running on the pool deck.
- In accordance with Maine state law, a cleansing shower must be taken before entering the pool.
- Dive in designated areas only. Starting blocks are to be used for classes only.
- Children under 14 years of age must be under the direct supervision of an adult member and are only allowed at specified times.
- When swimming laps, swimmers are required to stay to the right side of the lane or “circle swim.” The pool is often busy, and you may need to share a lane.
- No sitting, standing, or jumping on kickboards or other equipment. Floating equipment including pull buoys, noodles, etc. are to be used for their intended purposes only.
- No horseplay in the pool or on the pool deck. It is up to the lifeguard to decide what is considered safe play.
- Gentile Hall does not lend equipment such as goggles or bathing caps.
- Food, gum, smoking, and glass bottles beverages are prohibited in the pool area.
- All swimmers must wear bathing suits. No cut-offs.
- Long hair must be in a ponytail or bathing cap.
- Children may wear Coast Guard approved flotation devices only. No water wings or inner tubes.
- No one may use masks, fins, snorkels or scuba gear without prior permission.
- Any person with open cuts or communicable disease may not use the pool or spa until the condition is healed.
- Toddlers or those at a high risk of fecal accidents must wear swim diapers.
- Please familiarize yourself with the diving board rules as posted.